



**JAY YOUNGERMAN, MD**

**CANDIDATE FOR  
DIRECTOR AT LARGE  
(PRIVATE PRACTICE)**

*In your view, given the uncertainty of today's health care environment what do you perceive as challenges, and possible solutions to implementing the Academy's strategic plan?*

**CHALLENGES:**

Ever increasing demands on physicians from patients, government, insurers, and businesses are driving the uncertainty in today's health care environment.

First, the goal of higher quality and more efficient care is shared by all but resulting regulations and metrics have encouraged standardization and bureaucracy at the expense of the best personalized care.

Second, as our colleagues become employees of large hospitals or groups, the shift of both daily and long-term decision-making from physician to administrator has diminished our collective influence on the way we practice.

Finally, information technology, in the form of cumbersome electronic records and online clinician ratings and patient information, has put us on the defensive rather than on the forefront.

**SOLUTIONS:**

**EDUCATION:** The Academy must be the recognized source on the web for the education of both clinicians and patients. Meetings must remain an indispensable forum for discourse, networking, and camaraderie.

**RESEARCH AND QUALITY:** Through evidence we can steer the tide of performance and efficiency toward truly better care for our patients. We must support models that simultaneously promote quality, reduce waste, and protect reimbursement.

**ADVOCACY:** Only the Academy can represent the specific interests of Otolaryngology. We must continue to represent our specialty relentlessly at the national, state, and local level.

**SUSTAINABILITY:** We must make particular efforts to attract our residents and young physicians, as well as the administrators, subspecialists, and physician extenders who are critical to our field. As the former Chair of the Board of Governors Development Committee, I will continue to encourage philanthropy through the Millennium Society, Women in Otolaryngology, and endowments. We must also encourage new revenue streams, corporate support, NIH grants, and CORE grant sponsors.

**Name Jay Scott Youngerman M.D FACS**

I have been a Board Certified Otolaryngologist since April 3rd 1984. I started an independent private solo practice in Plainview New York upon completion of my residency at Long Island Jewish Hospital in 1983. This practice under my leadership has grown from renting 1000 square feet in the basement of a medical building to owning and occupying over 10,000 square feet combining all three of our offices. I have continued to practice all aspects of General Otolaryngology with my medical partner of 20 years Dr. John Gross. M.D. We have grown my original practice with the addition of three board certified Otolaryngologists, Dr. Jamie Stern, Dr. Konstantin Tarashansky (fellowship facial plastics), Dr. Melissa Mortensen(fellowship in Laryngology) and Dr. Pauline Fani, pediatrician, with fellowship training in allergy and pulmonology. We also employ a physician's assistant, multiple medical assistants, 6 audiologists and a large support staff. We offer a sleep lab, a Ct Scan, Allergy testing, Audiology, hearing aids and balance testing. We have an in office operatory with a CO2 laser, and extensive sinus surgery equipment. The practice has been managed by me for the last 30 years and I would consider it to be a highly successful, highly rated by our patients and peers, medical practice.

I have received recognition from Castle Connolly for the last 15 years, Strathmore's Who's Who and Newsday's Best Doctors, in addition to multiple local hospital and community service awards.

I was Chair of the Division of Otolaryngology at Central General Hospital and helped to negotiate its sale to North Shore -LIJ Hospital creating North Shore Plainview, where I am presently the Chief of the Division of Otolaryngology. I continue to represent the 12 faculty members of the division and recently negotiated pay for call.

I was elected to represent the Long Island Society of Otolaryngology Head and Neck Surgery to the Board of Governors by my competitors and colleagues and have continued to serve in that position for the last 14 years.

I believe that the Academy of Otolaryngology-Head and Neck Surgery which started as an educational and social organization is the greatest resource we have as Otolaryngologists. In addition to continuing to offer Annual meetings and a phenomenal educational experience, the Academy represents us through its Legislative and Political Affairs Dept. and through regulatory and Payer Advocacy. To be able to offer all this service the Academy must be financially secure. It must be run like a large business, profitable, while continuing to serve its membership, while controlling costs. To that end I have been a great supporter of the Academy as a founding member of the Millennium Society (which I as Chair of the Development and Fund Raising Task force help develop), the Hal Foster Endowment, and Partners in Progress. I am a member of the chairman's club of ENT PAC.

Over the years I have had many business interests outside of medicine. I have managed some, established others, taken control of others to make them successful and arranged the sale of others. Between managing the medical practice and these businesses I have learned how to negotiate leases, arrange for purchasing agreements, and negotiate insurance policies and benefits packages and how to deal with government regulators. I know how to make a business profitable without raising prices (in our case dues) while cutting costs, without reducing services.

I think that my personal experience as the managing partner of my practice, the President of the Melville Surgical Center, the President or manager of multiple mostly successful businesses, a prior physician member of the board of a health insurance company, and my multiple roles with the Board of Governors makes me an excellent candidate for the Board of Directors of the Academy. I am a highly motivated, hard worker that is passionate about the Academy and would love the opportunity to serve and impart my knowledge to the Board of Directors.

As a member of the Board of Directors of the Academy whether as Secretary Treasurer or Director at Large I would give my all to advance the Strategic Plan of the Academy.

**CURRICULUM VITAE**

**Date 12/01/2013**

**Name**

**JAY SCOTT YOUNGERMAN, M.D. FACS**

**Current Employment**

**LONG ISLAND ENT ASSOCIATES, PC**

**Place of Birth**

**BRONX, NEW YORK**

<b>Education:</b>	<b><u>Dates</u></b>	<b><u>Degree</u></b>	<b><u>Graduation</u></b>
<b>NEW YORK UNIVERSITY</b>	<b>1971 TO 1972</b>		
<b>ADELPHI UNIVERSITY</b>	<b>1972 TO 1975</b>	<b>BA BIOLOGY</b>	<b>1975</b>
<b>MEDICAL COLLEGE OF VIRGINIA</b>	<b>1975 TO 1979</b>	<b>MD</b>	<b>1979</b>

**Residency and Fellowship**

**LONG ISLAND JEWISH HOSPITAL, DEPARTMENT OF OTOLARYNGOLOGY, HEAD AND NECK SURGERY AND COMMUNICATIVE DISORDERS RESIDENCY AND CHIEF RESIDENCY COMPLETED 1983**

**Specialty**

**GENERAL OTOLARYNGOLOGY AND HEAD AND NECK SURGERY**

**Licensure and Certification**

**AMERICAN BOARD OF OTOLARYNGOLOGY April 3,1984  
NEW YORK STATE LICENSE TO PRACTICE MEDICINE AND SURGERY July 1980**

**Previous Employment**

**JAY S YOUNGERMAN MD.PC**

**Memberships and Offices Held /Academy and other societies**

**LONG ISLAND SOCIETY OF OTOLARYNGOLOGY HEAD AND NECK SURGERY**  
**Secretary/Treasurer 1993-1995**  
**Vice President 1995-1997**  
**President 1997-1999**  
**Presently member of executive board and governor representing society to BOG AAO-HNS**

Member of Development Committee 2012 to present

**BOG AAO-HNS**

Member Legislative Representatives Committee 1995-1999

Chair Development/Fund Raising Task Force 2010-2012

Chair Big on Goals Sub-Committee and Committee 2006-2010

Member at Large 2004-2006

Executive Committee Board of Governors 2004-2012

Fellow American College of Surgeons 1999

Member of American Academy of Sleep Medicine

Member of American Academy of Otolaryngologic Allergy

New York State Society of Otolaryngology-Head and Neck Surgery

Nassau County Medical Society

Medical Society of the State of New York

American Medical Association

**Honor/Awards**

2012- BOG Chair Recognition Award for outstanding work as Chair of the Development/Fund Raising Task Force

2007- Honor Award - American Academy of Otolaryngology head and Neck Surgery

2006- BOG Chair Award

1998-2013- Castle Connolly Guide to the Best Doctors in America

2008-2013- Newsday Best Doctors Issue

2006-2013- Strathmore's Who's Who in American Medicine

**Community Service**

Nassau County Medical Society-Ask the Doctor Column

North Shore University Hospital Plainview Health Fair –Hearing Screening-yearly event

North Shore University Hospital Plainview-Cancer Screening-yearly event

North Shore University Hospital Guest Lecturer-Current Health Community Lecture Series

Nassau County BOCES Education School of Nurses Program-Guest Lecturer

**Regional/Local Hospital Participation**

Hofstra North Shore-LIJ School of Medicine ICE (Initial Clinical Experience ) Preceptor -2013

North Shore –LIJ New Hyde Park Voluntary Attending Faculty, Department of Otolaryngology and Communicative Disorders-Resident Instructor-Clinic and Operating Room

North Shore Plainview- Chief Division of Otolaryngology-1995-present

North Shore Syosset-Attending in Charge-1995 to present

Central General Hospital –Chief Division of Otolaryngology-1989-1995

Credentials Committee North Shore University Plainview-2010-present

Melville Surgical Center-President- 2012 to present

Melville Surgical Center-Executive Committee-2008 to present

**Summation of Published Works Within the Specialty**

Neurilemmoma of the Sphenoid Sinus

**Unilateral Hyperlucent Lung Syndrome: Foreign Body vs Absence of a Pulmonary Artery**

**Laryngeal Myxoma: A Case Report and Review of the Literature**