



# SUJANA CHANDRASEKHAR, MD

# CANDIDATE FOR PRESIDENT-ELECT

- 1. During your term as president, what 3 goals would you like to accomplish that would position our Academy best for the future? What would you do as president-elect to lay the groundwork for fulfilling these goals, and what would you do as immediate past-president to promote a lasting benefit?
- 2. How would you lead our Academy in adapting to healthcare reform through advocacy, quality initiatives, and member engagement? In what ways could the Academy best empower members to participate and thrive in the evolving healthcare reform landscape?
- 3. How would you increase member engagement within the Academy and improve the value members receive for their annual dues?

These are challenging times in medicine, and especially in Otolaryngology. It seems like with every breath there is another arrow of uncertainty headed our way, whether it is ACOs, patient satisfaction surveys, decreasing reimbursements, education for MOC, health care reform rollout, ICD-10, or internal divisions between subspecialties, practice types, etc.

Navigating these challenges requires experienced leadership. I have practiced successfully in two academic settings, and for the past 10 years I have had a successful solo private neurotology practice

while working part-time at the VA and building a new multidisciplinary clinical program within a large hospital system. With my Academy experience as past BOG chair, at the BOD, in education, advocacy, development, and with the WIO, Diversity, and YPS, I have a good understanding of the needs of the entire Otolaryngology community.

#### If I become President-Elect, my 3 goals will be:

#### 1. Increase member participation in all areas of the Academy

It is disheartening to hear members say that they don't see value in their membership, that they don't need the Academy or the meetings, that they are only involved in their subspecialty, or that they think that ENT is so small that we can't make a difference. What we've got here is a failure to communicate.

As President-Elect, I would like to harness our website to enhance member and committee communications, to go to where the members are, and to find out who's not participating and why. Our member handbook highlights educational, financial, and advocacy benefits of membership and must reach all otolaryngologists. I would continue to strengthen our working relationship with subspecialty ENT societies. We thrive by identifying and mentoring future leaders, whether they are residents or fellows, or well into their careers. That is one of my passions.

#### 2. Strengthen the Academy's position as a leader in organized medicine

Despite its relatively small size, our Academy has been a leader in organized medicine. We are strong with legislators and we collaborate with the larger house of medicine on key issues. We lead in Guideline development and at the Choosing Wisely campaign.

As President-Elect, I will work with the new EVP/CEO to strengthen our leadership position and to spearhead efforts that help our members thrive financially by making it as easy as possible to comply with upcoming regulations, including establishing ENT-pertinent quality measures. With 100% participation in the PAC, we can show our strength on Capitol Hill.

#### 3. Make the Academy's website the go-to site for ENT information.

50% of all doctor visits are for ENT problems. Our Academy has vetted teaching materials, but they are hard to access. As President-Elect I would work to expand mobile access to our website so that when physicians or patients search for detailed ENT information, they come to our site. This would also help our members serve their patients better while practicing more efficiently.

It has been a pleasure serving the Academy for all of these years, and it would be an honor to serve as its President.

#### Sujana S Chandrasekhar, MD

I have had Otolaryngology in my life since I was a little girl. My father is an ENT – winner of the Jerome Goldstein Public Service Award from our Academy, was my teacher in residency and is now my co-presenter at our course at the Annual Meeting. My mother, an internist, is retired from the US Army Reserves Medical Corps. Service to patients and colleagues seems to be in my blood.

I arrived in the US when I was five. I did Otolaryngology residency at New York University Medical Center in New York City, and fellowship in Otology and Neurotology at the House Ear Clinic and Institute in Los Angeles, California. I then served on the full-time academic faculty of both UMDNJ-New Jersey Medical School and Mount Sinai School of Medicine for a total of 11 years before entering private practice in New York City in October 2004. I am currently Director of New York Otology, Director of Neurotology at the Bronx VAMC, Otologist/Neurotologist at the New York Head and Neck Institute, and voluntary faculty at Mount Sinai. I strive to stay on the forefront of clinical otology/neurotology, while remaining current in my knowledge of otologic research. I direct the Vestibular Disorders Evaluation Clinic at the Bronx VAMC, a multidisciplinary team to rapidly and thoroughly assess and treat veterans, especially those returning from active duty, with complex dizziness disorders. I am married to a wonderful man and we have four children, aged 18 through 8. I am fortunate to have a family that supports my career so completely.

My career interests include hearing loss, chronic ear disease, Eustachian tube dysfunction, sudden hearing loss, tinnitus, vertigo, skull base tumors and temporal bone histopathology. I have published 35 peer-reviewed papers, including an important paper on sudden hearing loss, my Triological Society thesis on Eustachian tube dysfunction and otitis media, and two Clinical Practice Guidelines. I was Vice Chair for the SSNHL CPG and Chair for the Thyroid Disease one, and I am now an Academy CPG Methodologist. I remain active in research in the areas of Eustachian tube dysfunction and sudden SNHL, as well as gender issues in otolaryngology. This work has been published and funded by extramural support. I received the Physician Mentor Recognition Award from the AMA Women Physicians Section in 2013, the AAO-HNS's Distinguished Service Award in September 2006 and 2012, and the Helen Krause MD Trailblazer Award from the AAO-HNS WIOS in 2012. My other main passion is in humanitarian outreach. I have led five groups of practitioners on medical/surgical missions to Nicaragua, and have delivered lectures and performed surgeries on several occasions in India, Brazil, Mexico, Colombia, and Venezuela. I have also mentored several undergraduate and medical students, and numerous residents.

From 2010 to 2013 I served as Chair of the AAO-HNS Board of Governors, where I could see first-hand the concerns of our members around the country. As BOG Chair, I sat on the Academy Board of Directors and Executive Committee, and got a great education of the inner workings of our Academy. As President, I hope that I can synthesize what I've learned from both Academic and Private practice, my experiences in Academy leadership, and my research and service work, to be able to lead our specialty forward, as we face new and complex challenges in delivering the highest quality Otolaryngology care.

#### **CURRICULUM VITAE**

Date December 1, 2013

Name SUJANA S. CHANDRASEKHAR, MD, FACS

**Current Employment** 

Self - New York Otology - full time

James J Peters Veterans Administration Medical Center, Bronx, NY – 2/8 position; Director of Otology/Neurotology

Place of Birth Swindon, England

Education:	<u>Dates</u>	<u>Degree</u>	<b>Graduation</b>
Sophie Davis School of Biomedical Education, City College of City University of New York			
(combined 6 year BS-MD program)	1980-1984	BS cum laude	June 1984
Mount Sinai School of Medicine	1984-1986	MD	May 1986
Leadership Programs, AAO-HNS	2003 and 2008		·

## Residency and Fellowship

New York University Medical Ctr – General Surgery Internship & 2<sup>nd</sup> Year Residency – 1986-1988 NYU Medical Ctr – Otolaryngology-Head & Neck Surgery Residency, Chief Residency – 1988-1992 House Ear Clinic and Institute, Los Angeles, CA – Otology & Neurotology Fellowship - 1993

#### Specialty

Otology/Neurotology

#### Licensure and Certification

Current: NY, NJ. Expired: CA.

Board Certified in Otolaryngology- HNS (March 1993) and Neurotology (June 2011 – June 2021) DEA, CDS, BCLS, ACLS

#### **Previous Employment**

**UMDNJ- New Jersey Medical School – 1994 – 2001 –** Assistant, then Associate Professor, Director of Otology/Neurotology, Founder and Medical Director of New Jersey Cochlear Implant Center, Director of Newborn Hearing Screening Program

Mount Sinai School of Medicine – 2001 – 2004 – Associate Professor, Director of Otology/Neurotology, Founder and Director of Mount Sinai Cochlear Implant Program, Medical Director of Newborn Hearing Screening Program

# Memberships and Offices Held /Academy and other societies

Board of Governors, American Academy of Otolaryngology-Head and Neck Surgery Past Chair, 2012 to present, Chair, 2011 to 2012, Chair-Elect, 2010 to 2011 Member-At-Large, 2008 – 2010

American Academy of Otolaryngology-Head and Neck Surgery/Foundation Member, Executive Committee, 2010 to 2012 Member, Board of Directors, 2010 to 2013

AAO-HNSF Guideline Methodologist, 2012 to present

Governing Council, Women in Otolaryngology Section, 2011 to present

American Neurotology Society

Council Member, 2010 – 2013; Member, Program Committee, 2008 to 2013;

Constitution and Bylaws Committee, 2001-2006

American Otological Society

Member, Program Advisory Committee, 2006 and 2013

Governor to AAO-HNS Board of Governors

Board of Directors, Otology & Neurotology (journal), 2013 - present

American Laryngological, Rhinological & Otological Society (Triological Society)

Nominating Member representing the Eastern Section, 2012

Member, Program Committee for 2004 and 2008 Eastern Section meetings

Fellow, American Academy of Otolaryngology-Head and Neck Surgery

Chair, Guidelines Development Panel: Improving Voice Outcomes after Thyroidectomy Co-Chair, Guidelines Development Panel on Sudden Hearing Loss

Governing Council Member and Founding Member, Women in Otolaryngology Section Chair, WIO Research & Survey Committee, and WIO Council on Committees, 2013

Academy Committee Memberships:

- Program Advisory Committee, 2008present
- o Equilibrium Committee, 2008 present
- Otology & Neurotology Education Committee, 2007 – 2012
- American Medical Association
- American College of Surgeons
- New York Otologic Society
- Alumni Fellowship Group, House Ear Institute – President, 2002-2004; ex-Treasurer
- National Association of Professional Women 2011 present

- o SIPAC Committee until closed in 2007
- Women in Otolaryngology Committeeuntil it became WIOS
- o Hearing Subcommittee until subcommittee was closed in 2003
- Member, Otology & Neurotology Board of Directors, 2013 – present

Journal Reviewer (all current assignments):

- Archives of Otolaryngology-Head & Neck Surgery since 1996
- Otology & Neurotology, 1996
- Otolaryngology-Head & Neck Surgery, 1999
- American Journal of Otolaryngology, 2002

#### Honor/Awards

Physician Mentor Recognition Award, American Medical Association Womens Physician Section, 2013 Distinguished Service Award, AAO-HNSF, 2006 and 2012

Helen Krause MD Trailblazer Award, Women in Otolaryngology Section, AAO-HNS, Sept 2012 Clinical Service Honor Award for Vestibular Disorders Evaluation Clinic, VAMC, 2011

Cochrane Colloquium Grant Recipient from AAO-HNS Journal *Otolaryngology-Head and Neck Surgery*, 2011 – Attended Colloquium in Madrid, Spain.

Big-On-Goals Award, Board of Directors of the AAO-HNSF Board of Governors, 2006, 2007 Honorable Mention (Second Place for Basic Science Research), American Laryngological,

Rhinological & Otological (The Triological) Society Thesis, February 2003

First Prize – President's Award – in AAO-HNSF Poster Presentation Session, September 2000

First Prize at NY Academy of Medicine Otolaryngology Resident Research Night, June 2000 Best Research Attending Award from Otolaryngology Chief Residents, June 2000 Third Prize in COSM Combined Poster Session, May 2000 Best Teacher Award from Otolaryngology Chief Residents, June 1996 & June 1997 Faculty Advisor Award from NJMS/NJDS Indian Students Association, June 1995

International Biographical Centre, Cambridge, England:

- World Who's Who of Women, 15<sup>th</sup> Edition
   2011
- o 2000 Outstanding Scientists 2010
- o Intnl Health Professional of the Year 2006

Marquis Who's Who:

o Who's Who in America, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013

- o Who's Who in the World, 2009-2013
- o Who's Who in Medicine and Healthcare, 2009-2010, 2011-2012

Top Doctors: New York Metro Area, Castle Connolly Medical, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013

Top Otolaryngologist – International

Top Otolaryngologist – International Association of Healthcare Professionals, 2011 Many other such awards since 1998

# **Community Service**

- Council of Medical Trustees, Hearing Health Foundation, 2013 present; Centurion and 2010 State Chair, NY, Deafness Research Foundation Now the Hearing Health Foundation
- Medical Director, The Hear Here Foundation, New York City, 2003 2006 folded into DRF.
- Humanitarian Outreach: Physician volunteer in Nicaragua, Mayflower Medical Outreach many medical/surgical/teaching trips, group leader; Surgery teaching trips to India Mumbai and Bangalore
- Member, Glen Ridge, NJ Board of Health
- Member, New York City Medical Reserves Corps
- 9 Patient-oriented Hearing & Balance Health Care Symposia since 2002

#### Grant Support:

- University Hospital ENT Clinic: Healthcare Provider for the Indigent and Working Poor. \$30,000 awarded by the Healthcare Foundation of NJ-Hyde and Watson Foundation, 2000; \$10000 from Pettinos Foundation, 2001. Co-PI's: Sujana S. Chandrasekhar, MD and Huma Quraishi, MD.
- Do Female ENTs Drop Out of the Academic Track, and, If So, Why? \$3500 awarded by the Women in Otolaryngology Section of the AAO-HNS. Co-PIs: Sujana S. Chandrasekhar, MD and J Anderson Eloy, MD, 2013.

#### Regional/Local Hospital Participation

Physician Practice Manager, Otolaryngology/Oral Maxillofacial Surgery Faculty Practice, Mount Sinai Medical Center, 2002 – 2003; Project Steering Committee, Operating Room, Mount Sinai Hospital, 2002 – 2004 Reviewer, the Triological Society Resident Research Project Awards, 2003 - 2007 Elected Member, Executive Board, UMDNJ-NJMS University Physicians Associates 1994-1996

### Summation of Published Works Within the Specialty

- 2 e-published courses in Academy U
- 35 peer-reviewed publications, including two Clinical Practice Guidelines
- 2 books, 15 book chapters
- Published abstracts of 49 presentations (oral and poster)