

**Scoring of UW-QOL domain items from versions 3&4  
THIS IS NOT THE QUESTIONNAIRE!!**

**1. Pain.**

- 100 I have no pain.
- 75 There is mild pain not needing medication.
- 50 I have moderate pain - requires regular medication (codeine or nonnarcotic).
- 25 I have severe pain controlled only by narcotics.
- 0 I have severe pain, not controlled by medication.

**2. Appearance**

- 100 There is no change in my appearance.
- 75 The change in my appearance is minor.
- 50 My appearance bothers me but I remain active.
- 25 I feel significantly disfigured and limit my activities due to my appearance.
- 0 I cannot be with people due to my appearance.

**3. Activity**

- 100 I am as active as I have ever been.
- 75 There are times when I can't keep up my old pace, but not often.
- 50 I am often tired and have slowed down my activities although I still get out.
- 25 I don't go out because I don't have the strength.
- 0 I am usually in bed or chair and don't leave home.

**4. Recreation**

- 100 There are no limitations to recreation at home or away from home.
- 75 There are a few things I can't do but I still get out and enjoy life.
- 50 There are many times when I wish I could get out more, but I'm not up to it.
- 25 There are severe limitations to what I can do, mostly I stay at home and watch TV.
- 0 I can't do anything enjoyable.

**5. Swallowing**

- 100 I can swallow as well as ever.
- 67 I cannot swallow certain solid foods.
- 33 I can only swallow liquid food.
- 0 cannot swallow because it "goes down the wrong way" and chokes me.

**6. Chewing**

- 100 I can chew as well as ever.
- 50 I can eat soft solids but cannot chew some foods.
- 0 I cannot even chew soft solids.

**7. Speech**

- 100 My speech is the same as always.
- 67 I have difficulty saying some words but I can be understood over the phone.
- 33 Only my family and friends can understand me.
- 0 I cannot be understood.

**8. Shoulder**

- 100 I have no problem with my shoulder.
- 67 My shoulder is stiff but it has not affected my activity or strength.
- 33 Pain or weakness in my shoulder has caused me to change my work.
- 0 I cannot work due to problems with my shoulder.

## 9. Taste

- 100 I can taste food normally.
- 67 I can taste most foods normally.
- 33 I can taste some foods.
- 0 I cannot taste any foods.

## 10. Saliva

- 100 My saliva is of normal consistency.
- 67 I have less saliva than normal, but it is enough.
- 33 I have too little saliva.
- 0 I have no saliva.

## 11. Mood

- 100 My mood is excellent and unaffected by my cancer.
- 75 My mood is generally good and only occasionally affected by my cancer.
- 50 I am neither in a good mood nor depressed about my cancer.
- 25 I am somewhat depressed about my cancer.
- 0 I am extremely depressed about my cancer.

## 12. Anxiety

- 100 I am not anxious about my cancer.
- 67 I am a little anxious about my cancer.
- 33 I am anxious about my cancer.
- 0 I am very anxious about my cancer.