AAO23: Allergic Rhinitis: Intranasal Corticosteroids or Oral Antihistamines

High Priority: No; N/A

Percentage of patients age 2 years and older with allergic rhinitis who are offered intranasal corticosteroids (INS) or non-sedating oral antihistamines.

Denominator:
All patients age 2 years and older with a diagnosis of allergic rhinitis.

Denominator Exclusions:
None

Denominator Exceptions:
Patients with an allergy to oral antihistamines or intranasal corticosteroids.
Patients with prostate cancer or benign prostatic hypertrophy as these patients may be intolerant of medications.
Patients with a history of epistaxis due to intranasal steroids use.
Patient refusal.

Numerator:
Patients who are taking intranasal steroids (INS) or non-sedating oral antihistamines. A prescription for or medication reconciliation of over the counter medications can be used to identify patients taking medications.

Measure Classifications:
Measure Type: Process
National Quality Strategy (NQS) domain: Effective Clinical Care
Meaningful Measure Area: Medication Management
Calculation: 1st Performance Rate
Inverse measure: No
Continuous measure: No
Proportional measure: Yes
Ratio measure: No
Risk Adjusted measure: No

Disclaimer: The Measures are not clinical guidelines, do not establish a standard of medical care, and have not been tested for all potential applications. The Measures and Specifications are provided "as is" without warranty of any kind. Neither the AAO-HNSF nor its members shall be responsible for any use of the Measures. The AAO-HNSF and its members disclaim all liability for use or accuracy of any Current Procedural Terminology (CPT®) or other coding contained in the specifications.
QCDR Measure Flow for:

AAO23
Allergic Rhinitis: Intranasal Corticosteroids or Oral Antihistamines

### INITIAL PATIENT POPULATION (IPP)

**MEASURE DESCRIPTION**
Percentage of patients with allergic rhinitis who are offered intranasal corticosteroids (INS) or non-sedating oral antihistamines.

- **Was the patient seen by an eligible provider in the calendar year?**
  - YES
  - Patient NOT included in IPP
- **Was the patient ≥ 2 years old?**
  - YES
  - INCLUDED in IPP — Continue to Denominator
  - NO

### DENOMINATOR

- **Was the patient diagnosed with allergic rhinitis?**
  - NO
  - Patient not eligible for this measure
  - YES
- **Did the patient have prostate cancer or benign prostatic hypertrophy?**
  - YES
  - Denominator Exception
  - NO
- **Did the patient have an allergy to oral antihistamines or intranasal corticosteroids?**
  - YES
  - NO
  - **Did the patient have a history of epistaxis due to intranasal steroids use?**
    - YES
    - **Did the patient refuse treatment?**
      - YES
      - Measure NOT Met
      - NO
      - INCLUDE in Denominator — Continue to Numerator
    - NO
  - **Did the patient have a history of epistaxis due to intranasal steroids use?**
    - NO
    - INCLUDE in Denominator — Continue to Numerator

### NUMERATOR

- **Was the patient offered intranasal steroids or non-sedating oral antihistamines?**
  - NO
  - Measure NOT Met
  - YES
  - Measure Met