AAO23: Allergic Rhinitis: Intranasal Corticosteroids or Oral Antihistamines

High Priority: No

Percentage of patients with allergic rhinitis who are offered intranasal corticosteroids (INS) or non-sedating oral antihistamines.

Denominator:
Patients age 2 years and older with a diagnosis of allergic rhinitis.

Denominator Exclusions:
None

Denominator Exceptions:
Patients with an allergy to oral antihistamines or intranasal corticosteroids.
Patients with prostate cancer or benign prostatic hypertrophy as these patients may be intolerant of medications.
Patients with a history of epistaxis due to intranasal steroids use.
Patient refusal.

Numerator:
Patients who are taking intranasal steroids (INS) or non-sedating oral antihistamines. A prescription for or medication reconciliation of over the counter medications can be used to identify patients taking medications.

Measure Classifications:
Measure Type: Process
National Quality Strategy (NQS) domain: Effective Clinical Care
Meaningful Measure Area: Medication Management
Calculation: 1st Performance Rate
   Inverse Measure: No
   Continuous Measure: No
   Proportional Measure: Yes
   Ratio Measure: No
   Risk Adjusted: No

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Empowering otolaryngologist–head and neck surgeons to deliver the best patient care
QCDR Measure Flow for:
AAO23
Allergic Rhinitis: Intranasal Corticosteroids or Oral Antihistamines

**MEASURE DESCRIPTION**
Percentage of patients with allergic rhinitis who are offered intranasal corticosteroids (INS) or non-sedating oral antihistamines.

**INITIAL PATIENT POPULATION (IPP)**

- Was the patient seen by an eligible provider in the calendar year?
  - NO: Patient NOT included in IPP
  - YES:
    - Did the patient have prostate cancer or benign prostatic hypertrophy?
      - YES: Denominator Exception
      - NO:
        - Did the patient have an allergy to oral antihistamines or intranasal corticosteroids?
          - YES:
            - Did the patient have a history of epistaxis due to intranasal steroids use?
              - YES: INCLUDE in Denominator — Continue to Numerator
              - NO: Did the patient refuse treatment?
                - YES: Measure NOT Met
                - NO: INCLUDE in Denominator — Continue to Numerator
          - NO: Did the patient have prostate cancer or benign prostatic hypertrophy?
            - YES: Denominator Exception
            - NO:
              - Did the patient have an allergy to oral antihistamines or intranasal corticosteroids?
                - YES: Did the patient have a history of epistaxis due to intranasal steroids use?
                  - YES: INCLUDE in Denominator — Continue to Numerator
                  - NO: Did the patient refuse treatment?
                    - YES: Measure NOT Met
                    - NO: INCLUDE in Denominator — Continue to Numerator
          - NO: Was the patient diagnosed with allergic rhinitis?
            - NO: Patient not eligible for this measure
            - YES: Measure Met

- Was the patient ≥ 2 years old?
  - NO
  - YES: INCLUDED in IPP — Continue to Denominator