



## **AAO 11: Otitis Media with Effusion: Avoidance of Topical Intranasal Corticosteroids**

Percentage of patients aged 2 months through 12 years with a diagnosis of OME who were not prescribed topical intranasal corticosteroids

**Quality Domain:** Effective Clinical Care

OME usually resolves spontaneously with indications for therapy only if the condition is persistent and clinically significant benefits can be achieved. In children aged 4 to 11 years, there was no difference in the resolution of effusion or hearing loss over 3 months between children treated with nasal mometasone or placebo; in fact, there was an economic disadvantage in the group treated with mometasone, considering the high rate of spontaneous resolution in the placebo group. Furthermore, 7% to 22% of study group patients experienced minor adverse effects.

**Denominator:** All patients aged 2 months through 12 years with a diagnosis of OME

**Denominator Exclusions:** None

**Denominator Exceptions:** Documentation of medical reason(s) for prescribing topical intranasal corticosteroids

**Numerator:** All patients aged 2 months through 12 years with a diagnosis of OME who were not prescribed topical intranasal corticosteroids

**Measure Type:** Process, Traditional, Proportional,

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