



**NEWS RELEASE  
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### **AAAHC Shares Infection Prevention Guidance**

*In Response to COVID-19, AAAHC Recommends Heightened Attention to Standards, Directing Health Care Facilities to Identify, Isolate and Inform*

**(Skokie, Ill.)** March 26, 2020 – AAAHC has released guidelines and recommendations to help health care facilities navigate safe operations throughout the COVID-19 pandemic. While most organizations are ahead when it comes to being prepared for an infection outbreak, there are additional steps they can take to make sure their emergency preparedness plans are specifically equipped to handle the COVID-19 outbreak. AAAHC follows guidelines from the Centers for Disease Control and Prevention (CDC) and stresses Standards designed to help health care providers identify, isolate and inform.

As a first step, AAAHC recommends health care organizations review their written emergency preparedness plan to make sure that it is sufficiently comprehensive to guide actions in the event of a community outbreak. Next, infection control risk assessment and practices should all be reviewed to ensure alignment with the CDC recommendations and interim guidelines for the management of COVID-19 cases. Any revisions made to the emergency plan or infection control processes, as a result, should be approved by the governing body and all staff should receive education and compliance monitored.

Health care organizations should assess their PPE inventory including masks, gloves and thermometers for patients and staff. Regularly monitor inventory levels and consider possible alternatives, such as washable cloth masks. Organizations should also consider the vendors who regularly visit their facilities and implement contactless services. A well written emergency plan with relevant procedures and adequate supplies will better equip the organization to effectively identify, isolate and inform amidst the COVID-19 pandemic.

#### **Identify**

Organizations should identify and postpone elective or non-essential visits or surgeries. For patients that require an office visit, increased pre-screening measures with specific questions related to recent travel, evidence of fever and other COVID-19 symptoms will support early identification. Suspect COVID-19 patients should be referred to designated testing centers.

“We have been guiding our accredited organizations through these processes and carefully following recommendations from the CDC to help our health care providers maintain essential services,” said Tess Poland, RN, BSN, MSN, senior vice president of accreditation services at AAAHC. “Our Standards have helped lay the foundation needed to adapt to this dynamically evolving pandemic.”

## **Isolate**

To help stop the spread of infection, AAAHC recommends health care facilities limit the number of people allowed in a facility by exploring telehealth or utilizing patient portals. When face-to-face appointments are necessary, they should have a plan to keep the waiting room safe and not allow guests to accompany patients to the appointment. Upon arrival, take each patient's temperature and clean the thermometer. At this time, remove magazines and pamphlets from the waiting room and thoroughly and frequently clean pens, clipboards and other materials used by each patient.

"Create a waiting room with fewer items to touch as this can help stop the spread of the virus," said Poland. "Staff can conduct a walk-through of the facility from a patient's perspective. Or, have an outside source give an assessment of what may need additional sanitizing or where hand sanitizer bottles should be placed, and follow the CDC's cleaning protocol."

AAAHC stresses frequent environmental cleaning and hand hygiene to isolate COVID-19. Be sure that employees know how to thoroughly wash their hands and post additional information about hand hygiene in waiting rooms and restrooms. Educate staff on the proper surface contact time for each cleaning agent and follow manufacturers' guidelines for use.

## **Inform**

AAAHC also encourages facilities to keep staff informed of COVID-19 outbreak updates. Designate an employee to monitor related local and national news and develop a plan to distribute relevant updates to all employees. Allow staff to submit questions to ensure they fully understand their facility's plan or hold regular Q&A sessions to emphasize open, transparent communication.

"All organizations across all settings should remain vigilant about practices that impact employee and patient safety and the quality of care delivered," said Poland. "Your infection prevention and control efforts demonstrate your commitment to the *1095 Strong, quality every day* philosophy. They make a difference to the patients you serve and to the employees on the frontline."

To support your efforts to mitigate risk of spreading infection, access a recorded webinar and other COVID-19 resources at: [www.aaahc.org/covid-19](http://www.aaahc.org/covid-19).

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## **About AAAHC**

Founded in 1979, AAAHC is the leader in ambulatory health care accreditation, with more than 6,100 organizations accredited. We accredit a wide range of outpatient settings, including ambulatory surgery centers, office-based surgery facilities, endoscopy centers, student health centers, medical and dental group practices, community health centers, employer-based health clinics, retail clinics, and Indian/Tribal health centers, among others.

AAAHC advocates for the provision of high-quality health care through the development and adoption of nationally recognized standards. We provide a valuable survey experience founded on a peer-based, educational approach to on-site review. The AAAHC Certificate of Accreditation demonstrates an organization's commitment to providing safe, high-quality services to its patients—every day of the 1,095-day accreditation cycle. It is recognized by third-party payers, medical professional associations, liability insurance companies, state and federal agencies, and the public. For more information on AAAHC, please visit [www.aaahc.org](http://www.aaahc.org).

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