

# CLINICAL PRACTICE GUIDELINES

## PATIENT INFORMATION

### QUESTIONS TO ASK YOUR PROVIDER ABOUT SUDDEN SENSORINEURAL HEARING LOSS (SSNHL)

FIRST APPOINTMENT QUESTIONS:	FOLLOW-UP APPOINTMENT QUESTIONS:
IS THERE ANYTHING I CAN DO TO GET MY HEARING BACK?	IS THERE ANYTHING I CAN DO TO HELP MY HEARING NOW THAT MEDICAL THERAPIES ARE DONE AND I STILL HAVE HEARING LOSS?
WHAT CAUSED MY HEARING LOSS?	HOW WILL I BE ABLE TO MANAGE WITH HEARING IN JUST ONE EAR?
WHAT ARE THE CHANCES I WILL HAVE HEARING LOSS IN MY OTHER EAR?	DO I HAVE TO WEAR A HEARING AID?
WHAT ARE THE RISKS OF TREATMENT?	IS THERE ANY SURGERY I CAN HAVE TO GET MY HEARING BACK?
WHAT DO I DO ABOUT THE RINGING IN MY EAR?	NOW THAT I HAVE MY HEARING BACK, WHAT IS THE CHANCE THAT THIS WILL HAPPEN TO ME AGAIN?

**SOURCE:** Chandrasekhar SS, Tsai Do BS, Schwartz SR, et al. Clinical Practice Guideline: Sudden Hearing Loss (Update). Otolaryngol Head Neck Surg. 2019;161(1\_Suppl):[S1-S45].