



**Sanjay R. Parikh, MD**

**Candidate for  
At-Large Director  
Academic (two-year term)**

***What do you see as the essential task of the Directors and in what ways are you well suited to that role? What do you think is the most important issue that our Academy is currently facing?***

Essential to the success of the BOD is to carefully listen to ALL constituents and to steer the BOD towards members' greatest needs and concerns. I believe in responsive and representative leadership. In our AAO-HNS community, a successful Director listens and acts appropriately to all concerns from our membership.

I have been fortunate to serve in Academy leadership roles as Chair of the Board of Governors and Chair of the Young Physicians group. During these terms, I participated in two AAO-HNS strategic planning retreats and served on the Academy's Executive Committee and Nominating Committee. I have actively sought opinions from many grass roots groups including the BOG, WIO, YPS, SRF, IAB, and DIC. I feel particularly well suited for the position of Director as I have fostered successful collaboration between the diverse physicians and leadership of our membership.

Our Academy's greatest issue is active support of our membership during this historic pandemic. We have already seen extra-ordinary leadership and community from our Academy and its members through responsive and adaptive attention to financial support for practices, development of new positions and paradigms for education, telehealth, research, and payment. But our work is not done.

As your Director, I will actively listen to your challenges and concerns and understand how the global pandemic has affected you. Our practices and loved ones have all been deeply shaken by this terrible year and I would be sure to hear your perspective and thoughts on how our Academy may support you. The success of our Academy will hinge on understanding your needs. As we put these dark days behind us, we will work toward our best future together.

As Past Chair of the Board of Governors (BOG), Past Chair of the Young Physicians Committee (now YPS), and Past Executive Committee Member of the Board of Directors, I have had the distinct honor of serving you to advance the mission of our Academy. As we emerge from a pandemic and focus on social justice, my vision for the Academy is to promote equity for all we serve while we pivot into a new era of education and research.

As a member, I have never been prouder of our Academy, as we witnessed the cohesion and responsiveness of our leadership during the early phases of the pandemic. As we look to our next decade, Academy leadership will require an ongoing focus on the changing nature of our membership and our practices. As an experienced leader in the AAO-HNS, my core values of equity, innovation, and collaboration are well suited to engage with our Board of Directors and staff as we execute the AAO-HNS strategic plan.

Perhaps, most important to the future of our Academy, will be the continued integration of equity into our work. As we better understand the consequences and sequelae of explicit and implicit bias, it will be vital to sponsor members representing diverse attributes into all roles of our Academy. This movement will serve to strengthen our resolve of improving care across diverse populations and being the global leader in otolaryngology care. We will equally serve all members and patients regardless of background, faith, sexual orientation, or skin color.

We have all been deeply affected by the COVID pandemic and are seeking to balance quality time with our families and friends while sustaining our practices. Our Academy will continue to shift how we share education and research effectively to our members either in person or online to help achieve this balance. We are fortunate to have outstanding Academy educational tools such as Clinical Practice Guidelines, FLEX, the OTO-HNS Journal, OTO Logic, OTO Quest, podcasts, and virtual learning. I believe our Academy is well poised to innovate 'personalized learning' where we will provide you with the tools that best fit your educational needs.

I have had the privilege of better understanding the many facets of our Academy while serving on the Executive Committee of the Board of Directors and BOG; as BOG Chair and Secretary; as Nominating Committee member; and as Chair of the Young Physicians Committee (now YPS). I have also had the privilege of serving and contributing to the past two AAO-HNS strategic planning teams. I witnessed and fostered the incredible power of unity through collaboration between academic and private practitioners. It is within these grass roots including the BOG, DIC, IAB, SRF, WIO, and YPS that we will understand your needs. I will listen to every member to better understand the concerns about the future practice of medicine and advocate for improvements such as legislative, socioeconomic and payment reform.

I am extremely grateful for all the education my mentors have provided me and for the elected opportunities that our Academy has afforded me. My sense of service, resolve, and conviction for our Academy is unwavering – as President, I will continuously support you, your practice, and your patients.

Sanjay Parikh, M.D.

**CURRICULUM VITAE****Name** Sanjay R. Parikh, MD**Current Employment**

Seattle Children's Hospital/University of Washington

**Place of Birth**

Montreal, Canada

**Education (include institutions, dates, degrees)**

1987-1991 B.Sc., University of British Columbia

1990-1994 M.D., University of British Columbia

**Residency and Fellowship**

1994-95 Intern, St. Michael's Hospital, University of Toronto

1995-96 Resident, Department of General Surgery

Harbor-UCLA Medical Center, Los Angeles

1996-1998 Resident, Department of Otolaryngology, University of Toronto

1998-1999 Chief Resident, Department of Otolaryngology, University of Toronto

1999-2001 Fellow, Department of Otolaryngology, Children's Hospital, Boston

Fellow, Department of Otology and Laryngology, Harvard Medical School

**Specialty:** Pediatric Otolaryngology-Head and Neck Surgery**Licensure and Certification:**

2000 American Board of Otolaryngology-Head and Neck Surgery

2011-Present Washington State License

**Previous Employment**

2001-2007 Assistant Professor, Department of Otolaryngology-Head &amp; Neck Surgery, Albert Einstein College of Medicine

2007-2011 Associate Professor, Department of Otorhinolaryngology-Head &amp; Neck Surgery, Albert Einstein College of Medicine

2011-2015 Associate Professor, Department of Otolaryngology – Head &amp; Neck Surgery, University of Washington School of Medicine

2015-present Professor, Department of Otolaryngology – Head &amp; Neck Surgery University of Washington School of Medicine

**Memberships and Offices Held /Academy and other societies****American Academy of Otolaryngology-Head and Neck Surgery**

2002-2010 Young Physicians' Committee

2003-2007 Delegate to the AMA Young Physicians' Section

2007-2010 Chair, Young Physician's Committee

2007-2010 Young Physician Representative, Board of Directors

2008-2010 Member Relations Steering Committee

2009-2012 Board of Governors, Public Relations Committee

2010-2012 Rhinology and Paranasal Sinus Education Committee

2012-2013 Vice Chair, BOG Socioeconomic and Grass Roots Committee

2013-2015 Secretary, Board of Governors

2013-2015 Executive Committee, Board of Governors

2016-2017 Chair-Elect, Board of Governors

2016-2017 Nominating Committee  
 2016-2018 Executive Committee, Board of Directors  
 2016-2018 Executive Committee, Board of Governors  
 2016-2019 Board of Directors  
 2017-2018 Chair, Board of Governors  
 2018-2019 Immediate Past-Chair, Board of Governors

#### **American Board of Otolaryngology-Head and Neck Surgery**

2006-2009 Task Force for New Materials  
 2009-2010 Alternate Guest Examiner  
 2011-12, 2018-19 Guest Examiner

#### **American College of Surgeons**

2005-2009 Committee for Young Surgeons  
 2007-2010 Governor, Bronx Chapter  
 2007-2009 Chair, Advocacy Committee, Committee on Young Surgeons  
 2009-2011 Vice-Chair, Young Fellow's Association  
 2011-present Otolaryngology-Head & Neck Surgery Advisory Council  
 2020-present Chair, Otolaryngology-Head & Neck Surgery Advisory Council

#### **American Rhinologic Society**

2005-2011 Chair, Pediatric Committee  
 2006-07, 2010-11 Program Committee

#### **American Society of Pediatric Otolaryngology**

2007-2008 Nominating Committee  
 2008-2009 Chair, Program Committee  
 2014-2016 Chair, Development Committee  
 2019-present Director-At-Large  
 2019-present Board of Directors

#### **Northwest Academy of Otolaryngology**

2011-2018 Board of Directors  
 2012-2014 Program Chair  
 2015-2017 President  
 2017-2018 Immediate-Past President

#### **The Triological Society**

2013-present Best Practices Committee  
 2019-2020 Program Committee

#### **Honors/Awards**

1990 Wesbrook Scholar, University of British Columbia  
 1991 Valedictorian, University of British Columbia  
 1991 Rhodes Scholarship Finalist  
 1997 Poliquin Resident Research Award  
 2004 Teacher of the Year, Department of Otolaryngology  
 Albert Einstein College of Medicine  
 2006 Community Service Award  
 American Medical Association –Young Physician's Section  
 2009 Mentor, ASPO Potsic Basic Science Research Award

2010	Honor Award, AAO-HNS
2014	Seymour Cohen Award, American Broncho-Esophagological Association
2015	'Best of Meeting', AAO-HNS Annual Meeting
2017	Mentor, ASPO Ferguson Clinical Research Award
2018	Distinguished Service Award, AAO-HNS
2019	Engineering In Health Award, University of Washington
2019	Seattle Children's David Fisher Team Award for Excellence in Safety

### Community Service

2016-present	Board of Trustees, Villa Academy
2015-present	Youth soccer coach

### Regional/Local Hospital Participation

2011-present	Vendor Relations and Contracting Committee Children's University Medical Group
2013-2017	Medical Executive Committee, Seattle Children's Hospital
2017-present	Medical Director, Bellevue Clinic and Surgery Center
2017-present	Chair, Bellevue Surgery Center Utilization Council
2017-present	Hospital Steering Committee, Seattle Children's Hospital
2020-present	Vice-Chair, Clinical Practice Committee

### Summation of Published Works Within the Specialty

N=105 peer reviewed manuscripts published as author or co-author with emphasis on pediatric airway. Key references:

**Parikh SR**, Bly RA, Bonilla-Velez J, Dahl JP, Evans SS, Horn DL, Johnson KE, Manning SC, Ou HC, Pattisapu P, Perkins JA, Sie KC. Pediatric otolaryngology divisional and institutional preparatory response at Seattle Children's Hospital after COVID-19 regional exposure. *Otolaryng Head Neck Surg.* 2020;162:800-803.

Messner AH, Walsh J, Rosenfeld RM, Schwartz SR, Ishman SL, Baldassari C, Brietzke SE, Darrow DH, Goldstein N, Levi J, Meyer AK, **Parikh S**, Simons JP, Wohl DL, Lambie E, Satterfield L. Clinical consensus statement: Ankyloglossia in children. *Otolaryng Head Neck Surg.* 2020;162:597-611.

Liu CC, Soares JJ, Elder L, Hill L, Abts M, Bonilla-Velez J, Dahl JP, Johnson KE, Ong T, Striegl AM, Whitlock K, **Parikh SR**. Surveillance endoscopy after tracheostomy placement in children. Findings and interventions. *Laryngoscope.* 2020;130:1327-1332.

**Parikh SR**, Bly RA, BonillaParikh SR, Archer S, Ishman SL, Mitchell RB. Why is there no statement regarding partial intracapsular tonsillectomy (tonsillotomy) in the new guidelines? *Otolaryng Head Neck Surg.* 2019;160:213-214.

Miller C, Kirkham E, Chen M, Ma CC, Horn DL, Johnson KA, **Parikh SR**. Polysomnography outcomes in children with small tonsils undergoing drug-induced sleep endoscopy directed surgery. *Laryngoscope.* 2019;129:2771-2774.

N=39 book chapters. Key reference:

Pediatric Otolaryngology – Head and Neck Surgery: A Clinical Reference Guide. SR Parikh, ed. San Diego: Plural Publishing, 2014.