

**AAO32: Standard Benign Positional Paroxysmal Vertigo (BPPV) Management (Inverse Measure)**

**High Priority Status:** Yes; Appropriate Use  
**NQF Number:** N/A

Percentage of Benign Positional Paroxysmal Vertigo (BPPV) patients who received vestibular testing, imaging, and antihistamine or benzodiazepine medications.

**Denominator:**  
Patients diagnosed with posterior canal BPPV.

**Denominator Exclusions:**  
Patients whose diagnosis of BPPV was made after vestibular testing, imaging, or antihistamine or benzodiazepine was prescribed are not included in the eligible population for the denominator.

**Denominator Exceptions:**  
For numerator component A, patients may be excluded if they have:

- Negative Dix-Hallpike maneuver
- Dizziness that lasts longer than one minute
- Postural or gait abnormalities
- Transient dizziness that is unresponsive to repositioning

For numerator component B, patients may be excluded if they have:

- Atypical BPPV (anterior canal, relapsing BPPV [To be captured via search term processing this exclusion should be written as "Patient has relapsing BPPV"], BPPV associated with other neurological conditions, or severe multi-canal BPPV)
- Focal deficit or unilateral hearing loss
- Vision changes
- Trauma history
- Recent surgery

For numerator component C, patients may be excluded if they have:

- Patient refuses other treatment options
- Severe symptoms during positioning
- Nausea or vomiting during positioning
- Patient requires prophylaxis
- Clinical indication for long-term use present (e.g., anxiety disorder)

**Numerator:**

- A. Patients with BPPV referred for vestibular testing by the encounter provider.
- B. Patients with BPPV referred, recommended, or ordered a CTA, CT, MRA, or MRI by the encounter provider.
- C. Patients with BPPV prescribed antihistamine or benzodiazepine medications by the encounter provider.
- D. Total patient performance on the 3 above components (All-or-nothing calculation).

**Numerator Exclusions:**

None

**Measure Classifications:**

Measure Type: Process

National Quality Strategy (NQS) domain: Efficiency and Cost Reduction

Meaningful Measures Area: Appropriate Use of Healthcare

Care Setting(s): Ambulatory Care: Clinician Office/Clinic

Includes Telehealth: Yes

Number of Performance Rates: 1

Inverse measure: Yes

Continuous measure: No

Proportional measure: Yes

Ratio measure: No  
Risk-adjusted measure: No

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