



Nausheen Jamal, MD

**Candidate for
Nominating Committee
Academic (seat one)**

What experiences have you had that will allow you to identify a diverse set of candidates for Academy leadership? What are the most important attributes you look for when nominating a member for leadership within the Academy?

The diversity of our organization is vast—with our mix of private and academic practice, urban and rural, and our various subspecialty and comprehensive colleagues—each adding valuable perspectives to the field.

However, we still have work to do to improve the inclusivity, equity, and racial and gender diversity in otolaryngology. Increasing representation of minorities in our field, especially at the leadership level, is critical to our future success. If elected, I commit to advancing inclusive representation in AAO-HNS at its highest echelons and will seek diverse candidates who embody values of integrity, diligence, and professionalism.

This focus on inclusive diversity is more than just words for me. As a former program director and as a current department chair and designated institutional official (DIO) for graduate medical education, inclusive diversity is at the core of everything I do. I am proud to serve at one of the largest minority-serving institutions in the country, with more than half of our otolaryngology faculty and over 60% of our house staff coming from underrepresented backgrounds. For years, I have committed to caring for populations with deep-seated healthcare disparities. If elected to serve, I will bring this same commitment to equity and diversity to the Academy in identifying our future leaders.

Identifying the future leadership of our Academy is an incredibly meaningful and important responsibility. The leadership of the organization should represent the diversity of its constituents, while at the same time building upon the vision of past leaders so that we can bridge the gap between the practice of Otolaryngology today and the advances of the future.

The diversity of our organization is vast – with our mix of private and academic practice, geographic spread between urban and rural, and our various subspecialty and comprehensive otolaryngology colleagues – each adding valuable perspectives to the field.

However, we still have work to do to improve the inclusivity, equity, and racial & gender diversity in Otolaryngology. The “125 Strong” campaign has made clear that increasing representation of minorities in our field, and especially at the leadership level, is critical to our future success. If elected, I commit to advancing inclusive representation in AAO-HNS at its highest echelons. Beyond my commitment to a strong, holistic review of candidates that best represent our membership, I intend to also work toward developing a diverse group of candidates for the committee to consider in that holistic review by engaging in direct outreach as needed to strengthen our candidate pools.

This focus on inclusive diversity is more than just words on a page for me. As a former program director and as a current department chair and DIO, inclusive diversity has been at the core of everything that I do. I am proud to serve at one of the largest minority-serving institutions in the country, with more than half of our otolaryngology faculty and over 60% of our house staff (in a multitude of specialties) coming from underrepresented backgrounds. For years, I have committed to caring for populations with deep-seated healthcare disparities. If elected to serve, I will bring this same commitment to equity and diversity to the Academy in identifying our future leaders. Thank you for considering me for this opportunity.

CURRICULUM VITAE

Name: Nausheen Jamal, M.D.

Current Employment:

Associate Professor & Chair, Department of Otolaryngology–Head & Neck Surgery
 Associate Dean for Graduate Medical Education
 Designated Institutional Official to the ACGME & NRMP
 The University of Texas Rio Grande Valley School of Medicine

Place of Birth: Bangladesh

Education (include institutions, dates, degrees):

	Dates	Degree / Year / Subject
University of Pennsylvania, College of Arts and Sciences Philadelphia, PA 19104	Sep 1998 – May 2002	BA (with honors) – 2002 <i>Magna cum laude</i>
Baylor College of Medicine Houston, TX 77030	Jul 2002 – May 2006	MD – 2006 International Health Track
Kellogg School of Management at Northwestern University, Chicago, IL	Jan 2022 – Dec 2023	MBA anticipated in 2023

Residency and Fellowship:

Albert Einstein College of Medicine Affiliated Hospitals, Bronx, NY 10467	Jul 2006 – Jun 2011	Residency: Otorhinolaryngology–Head & Neck Surgery
David Geffen School of Medicine at the University of California, Los Angeles Los Angeles, CA 90095	Jul 2011 – Jul 2013	Fellowship: Laryngology

Specialty: Laryngology

Licensure and Certification:

Specialty Board Certification	Year	Certificate Number
Otolaryngology-Head & Neck Surgery	June 2012 – June 2032	20767

State Licensure	Year	Number
California	Sep 2010 – Sep 2022	A113915
Pennsylvania	Mar 2013 – Dec 2022	MD448078

Texas	Mar 2018 – Aug 2022	R7772

Previous Employment: Lewis Katz School of Medicine at Temple University 2013-2018 – Assistant Professor & Residency Program Director

Memberships and Offices Held /Academy and other societies:

1. **AAO-HNS Voice Committee:** Member (non-voting) from October 2014 – September 2015, October 2017 – September 2023
2. **AAO-HNS Diversity & Inclusion Committee:** Member from October 2015 – September 2019; Consultant from October 2019 – September 2021
3. **AAO-HNS Airway and Swallowing Committee:** Consultant from October 2015 – September 2017 (Currently serve as Alternate)
4. **AAO-HNS Young Physicians Section (YPS):**
 - a. **Communications Working Group:** October 2016 – September 2017
 - b. Elected to Governing Council (**Nominations Committee**): September 2017 – September 2018
 - c. Elected to Governing Council (**Secretary**): September 2018 –September 2019
 - d. Elected to Governing Council – **Chair-Elect:** September 2019 – September 2020; **Chair** September 2020 – September 2021; **Immediate Past Chair:** September 2021 – September 2022
5. **AAO-HNS Annual Meeting Program Committee:** Member (voting) from October 2021 – September 2023
6. **AAO-HNS WIO Leadership Development and Mentorship Committee:** Member (voting) from October 2021 – September 2023
7. **AAO-HNS Centralized Otolaryngology Research Effort (CORE) Study Section:**
 - a. Grant Reviewer/Committee Member: January 2015 – Ongoing
8. **AAO-HNS Millennium Society (2017 – 2021)**
9. **American Laryngological Association (ALA)**
 - a. Member, Newcomb Award Committee: 2021-2024
10. **Society of University Otolaryngologists – Head & Neck Surgeons**
 - a. Diversity Champion for Lewis Katz School of Medicine at Temple University: March 2016 – July 2018
 - b. Diversity Committee: March 2016 – July 2018
11. **Pennsylvania Academy of Otolaryngology – Head & Neck Surgery**
 - a. Annual Meeting Planning Committee: November 2016 – June 2017
 - b. Co-Chair of Resident Session for Annual Meeting: November 2016 – June 2017
 - c. Chair of Resident Session for Annual Meeting: November 2017 – June 2018

Honors/Awards:

- 2018-2021: Have been awarded a total of nearly \$15 million in grants as PI and/or project director to support Graduate Medical Education program development and expansion at UTRGV School of Medicine
- April 2018: Inducted into the Triological Society
- March 2019: Inducted into Alpha Omega Alpha Honor Society
- May 2019: Inducted into the American Laryngological Association
- April 2020: Honored for completion of the AAMC's GME Leadership Development Certificate Program
- September 2020: Received AAO-HNS Honor Award for 2020
- September 2020: Accepted into the Otolaryngology Women's Leadership Society
- September 2021: Honored by UTRGV School of Medicine Office of Diversity, Inclusion, & Health Equity for leadership and commitment to Women in Medicine & Science

Community Service:

- July 2013 – Ongoing: University of Pennsylvania admissions committee volunteer interviewer
- April 2019 – Ongoing: Member, Baylor College of Medicine Alumni Executive Committee (October 2020 – Ongoing: Member, Nominating Subcommittee_
- January 2020 – December 2022: City of McAllen – McAllen Library Advisory Board Member

Regional/Local Hospital Participation:

DOCTORS HOSPITAL AT RENAISSANCE (DHR)	
Aug 2018 – Ongoing	Committee on Graduate Medical Education <ul style="list-style-type: none"> ○ Member ○ Established to assess current status of DHR-based UTRGV GME programs, as well as to plan for GME expansion at DHR ○ Member, Pediatric Workgroup/Subcommittee
Aug 2018 – Ongoing	Clinical Learning Environment Review (CLER) Committee <ul style="list-style-type: none"> ○ Member ○ Established to prepare for future CLER site visits by the ACGME
Aug 2018 – Ongoing	GME Expansion Committee <ul style="list-style-type: none"> ○ Member ○ Established to prepare for expansion of GME programs at DHR

Summation of Published Works Within the Specialty: A selection of recent peer-reviewed publications is listed below

1. Jamal N, Erman A, Chhetri DK. Partial epiglottoplasty for pharyngeal dysphagia due to cervical spine pathology. Otolaryngol Head Neck Surg. 2015 Oct;153(4):586-92.
2. Soni R, Ebersole B, Jamal N. Treatment of chronic cough: Single institution experience utilizing behavioral therapy. Otolaryngol Head Neck Surg. 2017 Jan;156(1):103-8.
3. Jamal N. Patient safety and quality improvement education in otolaryngology residency: preliminary look at a module-based approach. OTO Open. 2017;1:1-5.
4. Zuniga S, Ebersole B, Jamal N. Inpatient injection laryngoplasty for vocal fold motion impairment: When is it really necessary? Am J Otolaryngol. 2017 Mar-Apr;38(2)222-225.
5. Jamal N, Ebersole B, Erman, A, Chhetri DK. Maximizing functional outcomes in head & neck cancer survivors: Assessment and rehabilitation. Otolaryngol Clin N Am. 2017 Aug;50(4):837-52.
6. Jamal N. Reflections on patient-centered care: From the perspective of a young otolaryngologist. Otolaryngol Head Neck Surg. 2017 Oct;157(4):543-44.
7. Shaigany K, Ahmad SM, Jamal N. Laryngeal hemangioma presenting as a laryngocele. Ear Nose Throat J. 2017 Oct-Nov;96(10-11):408-411.
8. Soni R, Ebersole B, Jamal N. Does even low-grade dysphonia warrant voice center referral? J Voice. 2017 Nov;31(6):753-6.
9. Ebersole B, Soni RS, Moran K, Lango M, Devarajan K, Jamal N. The role of occupational voice demand and patient-rated impairment in predicting voice therapy adherence. J Voice. 2018 May;32(3):325-331.
10. Zuniga S, Ebersole B, Jamal N. Utility of Eating Assessment Tool-10 scores in predicting aspiration in patients with unilateral vocal fold paralysis. Otolaryngol Head Neck Surg. 2018 Jul; 159(1):92-6.
11. Zuniga S, Ebersole B, Jamal N. Improved swallow outcomes following injection laryngoplasty in unilateral vocal fold immobility. Ear Nose Throat J. 2018 Aug;97(8):250-256.
12. Ebersole B, Soni RS, Moran K, Lango M, Devarajan K, Jamal N. The influence of occupation on self-perceived vocal problems in patients with voice complaints. J Voice. 2018 Nov;32(6):673-680.
13. Jamal N, Bowe S, Brenner MJ, Balakrishnan K, Bent JP. Impact of a Formal Patient Safety & Quality Improvement Curriculum – A Prospective, Controlled Trial. Laryngoscope. 2019 May;129(5):1100-1106.
14. Harounian J, Postevka E, Jamal N. Medications and the Larynx. Curr Opin Otolaryngol Head Neck Surg. 2019 Dec;27(6):482-488.
15. Ebersole B, Lango M, Ridge J, Handorf E, Farma J, Clark S, Jamal N. Dysphagia screening in a cancer hospital: Results of a quality/safety initiative. Otolaryngol Head Neck Surg. 2020 Feb;162(2):220-229.