

# CLINICAL PRACTICE GUIDELINES

## RECOMMENDED HEARING CARE PATHWAYS AND SOLUTIONS BY DEGREE OF MEASURED OR PERCEIVED HEARING LOSS (MILD TO MODERATE)

*Modifying Considerations include patient and care partner priorities and preferences, available audiological services, insurance coverage, cognitive impairment, financial concerns, technology access, use, preferences, and self efficacy, mobility, transportation, navigational needs, available assistance, a available support from care partners.*

**Self-care** - In the case of hearing loss, implies that the individual has a self-perceived hearing loss, follows a direct-to-consumer pathway to purchase amplification, and sets up the device(s) without advice and/or assistance from a professional.

**Self-fit** - Act of following manufacturer instructions to set the amplification parameters of a hearing aid. This could be as simple as manipulating the volume control or selecting preferred listening settings from a finite set of choices, or as sophisticated as interacting with the device through an app to assess hearing and modify the amplification characteristics accordingly.

